

Canyonlands Journey: October 22-25

Needles District: Canyonlands, Utah



CONNECTION Lead Feather journeys are about rediscovering your authentic self through a powerful combination of indigenous wisdom and wilderness encounter. Our journeys lead people like you—energetic, curious, and successful adults to stronger and healthier connections with the natural world, with your families and colleagues, and with your unique personal legacy. We hope you will join us for an unforgettable experience that will deepen your appreciation of your place and purpose in the world we share.

ENVIRONMENT Spending time in nature, once a given, is now a rarity for many of us. Yet experiencing the natural world with all five senses remains a vital part of healthy human development. Many of us remember growing up with plenty of unstructured time outdoors, during which we explored the world from creek to treetop. On this journey, we'll bring back that forgotten pastime together, freeing ourselves to experience the natural world deeply and directly. By the end of our journey, we'll have recaptured that once-familiar pleasure of being at home—and at our best—in nature.

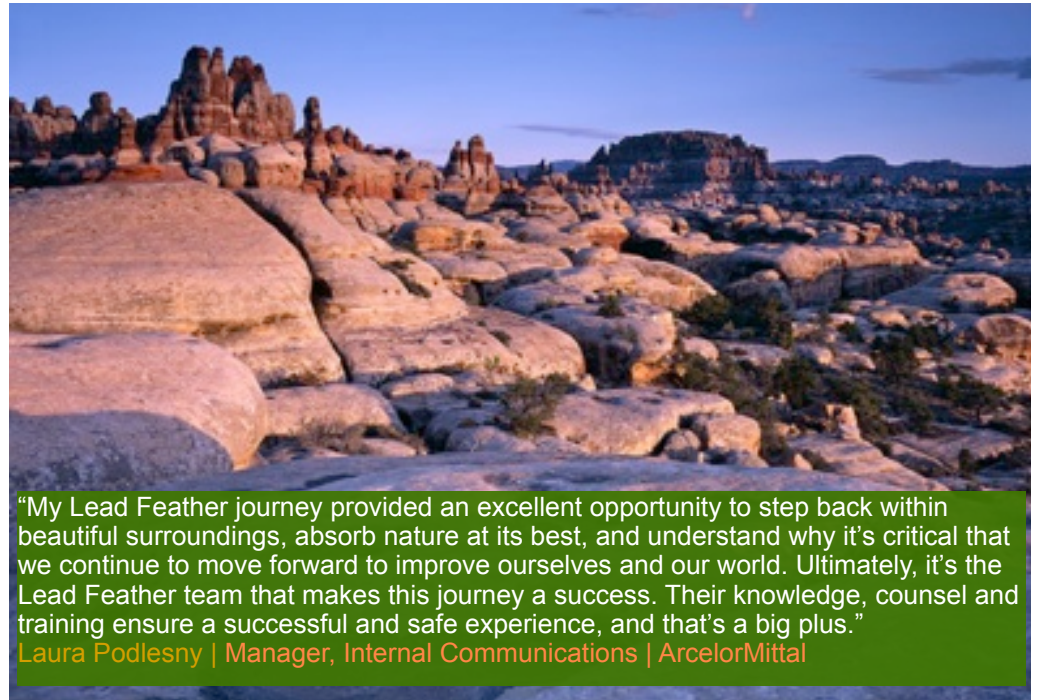
INDIGENOUS WISDOM Our Native Leaders on the wilderness journeys include extraordinary individuals from the Ojibwa and Navajo nations. Unlike many Native American leaders, our Spirit Guides are committed to sharing their tribe's spiritual heritage and cultural knowledge with modern society's leaders and future leaders.

INDIGENOUS CEREMONY Experiencing indigenous rituals and traditions can be transforming. Past participants of Lead Feather's journeys have found the experience new, unforgettable, and deeply satisfying. Guided by ancient spiritual and cultural wisdom, our leaders will welcome us to participate in these sacred ceremonies, which may include talking circles, drumming and singing circles, sacred fire ceremonies, pipe ceremonies, and sweat lodges (an ancient healing ceremony).

YOUR GUIDES In addition to our Native Leaders, we'll be accompanied by veteran outdoor guides and wilderness educators. You can rest assured that your comfort and safety are in professional hands. With Lead Feather, your time is spent connecting. Our professionals take care of the rest.

EATING WELL IN THE FIELD Good food. There is no substitute for eating healthy, nutritious, and professionally prepared food in the backcountry. In addition to providing great meals, our chefs will also gladly meet any special dietary needs. (Just let us know in advance.)

NEW SKILLS AND TEACHABLE MOMENTS Our guides have the experience and passion to make backcountry travel both comfortable and exciting. Many of our participants have never stepped foot into the backcountry before their Lead Feather journey, but become avid adventurers once they return home. We take care of everything – from providing great gear, to leading the hikes, to sharing our knowledge. All you have to do is show up!



“My Lead Feather journey provided an excellent opportunity to step back within beautiful surroundings, absorb nature at its best, and understand why it’s critical that we continue to move forward to improve ourselves and our world. Ultimately, it’s the Lead Feather team that makes this journey a success. Their knowledge, counsel and training ensure a successful and safe experience, and that’s a big plus.”

Laura Podlesny | Manager, Internal Communications | ArcelorMittal

Location Details

Join us for four days in one of our country's most remote and beautiful areas: Canyonlands National Park. Full of incredible hikes and views, Canyonlands has amazing experiences for everyone, whether you're a novice or well-traveled hiker. October is a great month to be in southern Utah: the sun warms up the days, and the nights are cool and crisp -- perfect for sitting around the fire. We'll make sure you have plenty of time to enjoy the outdoors as well as time for self-reflection -- both of which can be increasingly difficult to find time for nowadays. Let us take you on a journey that will replenish you physically, spiritually and emotionally.

Itinerary

- Thursday, 10/22** You'll fly into Cortez, CO, arriving in the afternoon. Lead Feather will pick you up at the airport and transport you to the Needles District of Canyonlands National Park. You'll stretch your legs with a sunset hike in the evening, as our staff prepares dinner upon your return to basecamp. Later that evening, we'll have an opening sacred fire and talking circle at our secluded group campsite in Canyonlands.
- Friday, 10/23** After a hot breakfast to prep ourselves for our day, multiple hiking options with stunning scenery and lunch on the trail awaits. Options include an 11-mile loop to Druid Arch offering some of the most spectacular views of the park, or an 11-mile hike to the Confluence Overlook of the Green and Colorado Rivers (a "must do" in the west). The afternoon schedule will allow time for solo reflection, or take time to connect with friends -- old and new. In the evening, we'll have dinner, a talking circle around a fire, and enjoy the sights and sounds of the autumnal evening air.
- Saturday, 10/24** Today we'll explore more of the vast network of hiking trails in Canyonlands. Options include doing a shorter hike to Slickrock (2.4 miles) and/or a longer loop (11 miles) of the Chesler Park/Joint Trail. We'll have another lunch on the trail and soak in the desert beauty. After dinner later this evening, we will participate in a Native American sweat lodge (for rebirth and healing).
- Sunday 10/25** After breakfast we'll travel back to Cortez, CO for our departure flights home -- relaxed, restored, rejuvenated.

The cost of this journey is \$1,395 per person. This includes a pre-journey briefing; transfers from the Cortez, CO airport; all meals, snacks, and drinks; all camping and recreation equipment; permits, insurance, and outdoor and Native American guides. To reserve your place on this journey please register now at <http://www.leadfeather.org/journeys/registration/custom>

